

## *New Canaan Recreation*

### \*3-4 Grade Soccer Program\*

**Soccer Ball:** Size 5....all players should have a ball

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**# OF PLAYERS:** 7 aside game play

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**GAME TIME:** Two 25 minute halves; Coaches can sub during the game on the “fly”; every player must receive equal playing time!

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**OFFICIAL:** Program referee facilitates the play

**RULES:**

- 1) Home Team kicks off first and alternates each quarter
  - 2) Ball returned to play by throw-ins, goal kicks and corner kicks.
  - 3) No offside called at 3rd and 4th grade level
  - 4) All other FIFA rules apply
  - 5) Player safety and happiness most important!
  - 6) Players must receive equal playing time
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**TECHNICAL** Dribbling (ball control and handling)

**FOCUS** Dribbling moves

Shooting and passing

Emphasize ball handling and 1 v 1 skill development

Let them play!

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**TACTICAL** Continue working with pairs

**FOCUS** 1 v 1 Offense, 1 v 1 Defense

2 v 1 and 2 v 2 Offense and Defense

Show players play in different parts of the field

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**PHYSICAL** Always practice without a ball

**FOCUS** Players should practice skills on the move. No standing, avoid activities with lines and standing. Continue to practice and play in small groups

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**PROGRAM** FUN! Positive corrections only; No trophies should be handed out