

*New Canaan Recreation*  
**\*5-8 Grade Soccer Program\***

**Soccer Ball Size** 5....all players should have a ball for practice.

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**# OF PLAYERS-** 9 aside game play.

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**GAME TIME:** Two 25 minute halves; Coaches can sub during the game on the "fly"; every player must receive equal playing time!

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**OFFICIAL:** Program referee facilitates the play

**Game Rules:**

- 1) Home Team kicks off first and alternates each quarter
  - 2) Ball returned to play by throw-ins, goal kicks and Corner kicks.
  - 3) All other FIFA rules apply
  - 4) Player safety and happiness most important!
  - 5) Players must receive equal playing time
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**TECHNICAL** Dribbling (ball control and handling)

**FOCUS:**

Dribbling moves  
Shooting and passing  
Emphasize ball handling and 1 v 1 skill development  
Let them play!

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**Practice Tactics:** Continue working with pairs. Show players play in different parts of the field

**FOCUS** 1 v 1 Offense, 1 v 1 Defense  
2 v 1 and 2 v 2 Offense and Defense

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**Program Philosophy:** FUN! Positive corrections only; No trophies should be handed out.