

April 2025 Lapham Center

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11 Lyndhurst virtual tour 4:30 Watercolor 6 An Intro to MJ	2 10 Tax-Aide (by appointment) 12:30 Support Panel for Dementia Care	3 Medicare Counseling by appointment 2 Illustration Art	4 11 Medicare Basics 12 Movie: Sinatra in Palm Springs	5
7 9:30 Beg. Mahjongg	8 9:30 Beg. Mahjongg 4:30 Watercolor 5 Needlepoint	9 10 Tax-Aide (by appointment) 1 Canasta Strategies	10 1 Faux Faberge Eggs 2 Illustration Art 2 Ask the Attorney	11 11 NC Health Dept. Chat 12 Movie: A Haunting in Venice	12
14	15 10 Art Gottlieb: The First Air War	16 12:30 Apple Watch Survival 2 Intergenerational Bingo	17 Medicare Care Counseling by appointment 1 Life Reimagined 2 Illustration Art	18 LAPHAM CLOSED	19
21 2:30 Ways of Listening: Mozart with David Stein	22 10 Art Gottlieb: Battle of Jutland 2:30 World History <i>Bismarck</i>	23 12:30 Healthy Steps with Dr. Tauber	24 1 Whodunnit: <i>Night Train to Paris</i> 1 Life Reimagined	25 10 Bridge 2 over 1 12 Movie: Housewife, 49	26 10 MJ Strategies 10 Fix-it Cafe
28	29 3 An Afternoon Tea	30 12:30 Financial Legacy Planning 5 - 7 AI Insights			

Weekly Classes

Monday	Tuesday	Wednesday	Thursday	Friday
10 Balance and Posture	8:30 Beg. Pilates	9 Intermediate Italian	8:30 Beg. Pilates	8:30 NC Sentinel
10 Intermediate Bridge	9 Beg. Italian continued	10 Drawing	9:15 Middle East History	Coffee
10 Shakespeare	9:15 Ancient World History	10 Bridge: Supervised Play	9:45 Yoga Fusion	12 Movie
10:30 Empire of Reason	9:45 Pilates on the ball	10:30 Beginning Tai Chi	10 Acrylic painting	
10:30 French Conversation	9:45 Poetry	10:45 Italian 2.0	11 Age of Innocence	
11 Moving with Arthritis	10 Italian Conversation	11 Intermediate French	11 Muscles in Motion	
11 Beginning Canasta	10 Bridge: Supervised Play	12:30 BP and Blood Sugar Testing	12 Chair Fitness	
11 Watercolor	11 Muscles in Motion	1:30 Uke Players	1 Drop-in MJ	
12 Fit for Life	11 Knitting with Sue Scannell	12:30 Beginning Ukulele	1 Fit for Life Book Group	
12:30 Woodcarving	12 Cardio Plus	1:30 Qigong	2 Art Appreciation	
12:30 Spanish Conversation	12:30 Open Sanctioned	2 Rummikub open play		
1:15 Super Stretch	Bridge	2 Billiards		
2 Sit and Stitch	2 Chair Dance Yoga	2:30 NCMC Yoga		
2:30 Music Appreciation		5 Mahjongg Open Play		
2:30 NCMC Yoga				