

# April 2026 Lapham Center

Monday	Tuesday	Wednesday	Thursday	Friday
March 30	March 31 11 Art Gottlieb: French & Indian War  1 Celebrate America 250 with Tom Davies	1 12:30 BP Clinics	2 Medicare by Appt	3 <b>Closed for Good Frida</b>
6 9:30 Beg. MJ	7 9:30 Beg. MJ  11 Inter. Landscapes & Cultures thru photos w/ Mike Tomashefsky  1 Celebrate America 250 with Tom Davies	8 9:30 Beg. MJ  1 Hearing Aids: More than just better hearing  2 Intergenerational Bingo	9 1 Name that Brand w/ Mike Bacon	10 11 Health Talk
13	14 12:30 History of New Canaan w/ Keith Simpson  1:30 Celebrate America 250 with Tom Davies	15 12:30 BP Clinics	16 <b>11:15 Trip to Gatsby on Broadway</b>  1 Life Reimagined  Medicare by Appt	17
20 11 Nature Center Past, Present and Future	21 11 Art Gottlieb: Tax w/o Representation  1 Celebrate America 250 with Tom Davies	22 10 Caring for Loved Ones  1 Genealogy	23 1 Lapham Reads <i>Guilty by Definition</i>	24
<b>27</b>	28 11 Art Gottlieb <i>Common Sense</i>  2:30 World Hist. BG	29	30 2-4 Teach, Chess and Chat with St. Luke's Students	

## Daily Classes

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 Intro to NCMC Bridge	8:30 Beg. Pilates	9 Intermediate Italian	8:30 Beg. Pilates	8:30 NC Sentinel Coffee
10 NCMC Open Bridge	8:30 Beg. Italian	10 NCMC Open Bridge	9:15 History: Amer. Rev.	11:30 NCMC Open Bridge
10 Balance and Posture	9:15 Great Castles of Europe (begins 4/14)	10 Art of Drawing	9:45 Yoga Fusion	
10 Intermediate Bridge	9:30 Crafty Tuesdays	10:30 Tai Chi	10 Acrylic painting	
10 Shakespeare: <i>Othello</i>	9:45 Pilates on the ball	11 Intermediate French	11 Literature: <i>The Mayor of Casterbridge</i>	
10:30 History: Stalin	9:45 Poetry (Zoom)	12:30 Ukulele	11 Muscles in Motion	
10:30 French Conversation	10 Italian Conversation	1:30 Qigong	12 Chair Fitness	
11 Moving with Arthritis	10 Bridge: Supervised Play	2 Billiards	2-4 Mahjongg open play	
12 Fit for Life	11 Muscles in Motion	2 Rummikub Open Play		
12:30 Woodcarving	11:30 Caregiver Group	2:30 NCMC Yoga		
1:15 Super Stretch	12 Cardio Plus	5 Mahjongg open play		
2 Sit and Stitch	1 Tom Davies's America 250 or Art Appreciation			
2:30 NCMC Yoga	1 Grief Group			
2:30 Music Appreciation				