

June 2024 Lapham Center

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 1 Tech Time: Music Streaming	4 10 Battle of Savo Island 1 Cooking Demo with Olivia 4 American Sign Language 4-6 Intro to Canasta with Geri	5 10 iPhone editing 1-3 Tech help w/ interns 5 D-Day Dinner and presentation with Mark Albertson	6 Medicare Counseling by appointment 1 Go Fish! The joys of Fishing with Gian	7	8
10 9:15 Beg. MJ 11 BP Clinic	11 9:15 Beg. MJ 10 Battle of Leyte Gulf 5-7 Beginning Needlepoint with Aggie	12 10 iPhone editing 1-2 Blood Sugar Screening 2 Movie: Quiz Lady 5 Sip and Paint with Pinot's Palette	13 1 Conversation and coffee with a cop 2-4 Ask the Attorney	14 11 Health chat with Shannon and Ellen	15 10 Canasta for 2 with Geri
17	18 10 JFK PT-109 12:30 Movie: Openheimer 2:30 World Events Book Group 4-6 Beg. Canasta	19 Juneteenth Closed	20 Medicare Counseling by appointment 1 Life Reimagined	21	22
24 11 BP Clinic	25 8:30 Trip to Mohonk and Vineyard 10 Operation Crossroads 12 Maintaining Safe Driving Skills 4-6 Beg. Canasta	26 1-2 Blood Sugar Screening 2 Movie: Scoop 5-8 Game Night FUNdraiser	27 1 Lapham Reads: <i>The Golden Gate</i>	28	29 10 Mahjongg Supervised Play

Weekly Classes

Monday	Tuesday	Wednesday	Thursday	Friday
10 Intermediate Bridge 10 Balance and Posture 10:30 French Conversation 11 Moving with Arthritis 12 Fit for Life 12:30 Woodcarving 12:30 Spanish Conversation 1:15 Super Stretch 2:30 Classical Music: Brahms 2:30 NCMC Yoga	8:30 Beg. Pilates 9:45 Pilates on the ball 10 Art: Photo transfer to wood (begins June 11) 10 Pacific Fury: WWII Naval Battles & Atomic Trials 11 Muscles in Motion 11 Walking Waveny 11 Patio and Lawn Games 12 Cardio Plus 1 Masterpieces from The Met 4 Beginner's Canasta 5 Sip and Stitch w/ Aggie	10 iPhone editing 12:30 Qigong 1:30 Uke Players 1:30 Super Stretch 2 Billiards 2:30 NCMC Yoga	8:30 Beg. Pilates 9:15 Rise and Fall of the British Empire 9:45 Yoga Fusion 10 Acrylic painting 11 Muscles in Motion 12 Chair Fitness 12:30 Woodcarving 1 Mahjongg Supervised Play	8:30 New Canaan Sentinel Coffee 10 Advanced Beginner's Bridge 10 Mahjongg Supervised Play