

New Canaan Junior Cheerleading Behavior Policy: Grades 1–4

Cheerleader Behavior Expectations

Our youngest cheerleaders are learning teamwork, listening skills, and confidence. Coaches will teach expectations with reminders and support.

Cheerleaders in Grades 1–4 Agree To:

1. Be Kind & Respectful

- Use kind words and actions
- Keep hands, feet, and objects to yourself
- Listen when coaches and teammates are speaking

2. Follow Directions

- Try to follow directions the **first time**
- Stay with your group during practice and games
- Ask for help if you don't understand

3. Be Safe

- Follow all safety rules during stunts, jumps, and tumbling
- No rough play or unsafe behavior
- Wear proper cheer attire and shoes

4. Try Your Best

- Participate with a positive attitude
- Do your best, even when learning something new
- Encourage teammates and cheer each other on

Grades 1–4 Behavior Support & Consequences

Coaches will use age-appropriate guidance, including:

- Verbal reminders and redirection
- Short breaks from activity if needed
- Communication with parents for repeated concerns

Serious or ongoing behavior issues may result in temporary removal from an activity or event.

Parent Expectations (Grades 1–4)

Parents/guardians are expected to:

- Support coaches in reinforcing behavior expectations

- Pick up cheerleaders on time
- Communicate concerns respectfully and privately

Acknowledgment

By enrolling in the New Canaan Junior Cheerleading program, cheerleaders and parents/guardians acknowledge that they have read, understand, and agree to follow this Behavior Prerequisite and Code of Conduct.

Cheerleader Name: _____

Parent/Guardian Signature: _____

Date: _____